



PRIVATE  
**UMIT  
HOSPITAL®**  
SINCE 1997

QUALITY  
**HEALTHCARE  
STARTS HERE**

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# YOUR HEALTH IS OUR PRIORITY

Private Umit Hospitals are the new face of the modern health system and entrepreneurial spirit, which have been launched by the partnership of 52 health leading doctors. Umit Hospital that started to give services in 6 branches in 1997, have reached 20 branches with 91 doctors by carrying on the first day excitement. Private Umit Health Group has succeeded to become reliable, qualified and institutionalized company, which has been growing with the investments of Umit Hospital, Umit Medical Center and Umit Vişnelik Hospital since 1997.

As being TSE 2016 10002 (Quality Management-Customer Satisfaction Certificate) and ISO 9000 quality certified institute and having experienced doctors, medical staffs and modern management system; Umit Hospital has become preferential institution not only for Eskişehir/Turkey but also for countries like Germany, Belgium, Holland, Romania, Kirghizstan, Afghanistan, Azerbaijan, Iraqi etc..

Private Umit Health Group has being open to all suggestions; has undertaken to support medical researches and to train qualified personnel strength. This group including the most precious professionals within the body of the hospital has proved that it has been given the best qualified and sustainable service in health sector with 683 staffs.



## QUALITY POLICY:

To provide healthcare services on time that each person has a right to receive by taking patient satisfaction into consideration in our hospital which meet the international standards in the scope of the regulations.

To care about the health and work safety of our employees.

To enhance team work and team spirit.

Together with all our employees, refresh and develop ourselves via training in order to improve our knowledge, skills and experience, being respectful and conservative to the environment while fulfilling our services is a priority for all Umit members.

Our mission: We are here at your service for healthy and hopeful future.

Our vision : To become a supporter of our patients in sickness and health.

### **Our values:**

People orientation

Conformity to ethical values

Social utility

Reliability



# HOSPITAL HOTEL *Services*

Patient comfort is a higher priority for us.



## MEDICAL UNITS

- Acupuncture
- Anesthesia and Reanimation
- Biochemistry
- Cardiology
- Cardiovascular Surgery
- Check-Up
- Chest Diseases
- Dermatology
- Ear Nose and Throat Diseases
- Emergency Room
- Gastroenterology
- General Surgery
- Haematology
- Hair Transplantation
- Hemodialysis
- Infectious Diseases and Clinical Microbiology
- Intensive Care Units
- Internal Diseases
- Medical Oncology
- Neurology
- Neurosurgery
- Nutrition and Dietary
- Obstetrics and Gynaecology
- Ophthalmology
- Oral and Dental Health
- Orthopaedics and Traumatology

WE GIVE SERVICES TO ALMOST ALL FOREIGN PRIVATE INSURANCE COMPANIES LIKE

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- ADAC
- AGIS-EUROCROSS
- ALLIANZ
- AXA
- CSS
- GROUPE MUTUEL
- HELSANA
- MUTAS
- ÖKK
- SWICA
- ZILVEREN KRUIS



# Discover High Quality and Affordable Treatment



As Private Ümit Hospital, we adopt a constantly developing quality management system with the participation of all our employees, in line with scientific and ethical rules, with priority given to patient safety and satisfaction. Our commitment to providing the newest and most effective treatment methods to protect and improve public health puts us in an important position in the healthcare industry.



Private Ümit Hospital provides uninterrupted service to all its patients 24 hours a day, 7 days a week, with its expert doctors and medical staff. We aim to provide the highest quality service to our patients and visitors with our modern and technological medical devices and spacious and comfortable patient rooms.

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# About Us

Our priority is to approach our patients and their families with empathy, respect and understanding; to offer them the most effective, up-to-date and evidence-based treatments. We constantly seek improvement and innovation in our services, which allows us to gain the trust of our patients.







## HISTORY OF PRIVATE ÜMIT HOSPITALS

When we opened our hospital in February 2010, which we established based on our experience and knowledge at Ümit Medical Center, we said, "We are hopeful for your health." The point we have reached in the past period has shown that the need for such a hospital in our city is beyond our expectations.

Our understanding of service in a quality and peaceful environment has been formed as a result of the goals of our idealist doctor staff who completely adopt the principle of "People First, Health First". One of our main goals in establishing Private Ümit Hospitals was to create an environment where patients can reach doctors more easily and doctors can provide the best health service to their patients. We can proudly say that; in addition to showing us that we can do this, the passing time has also given us the opportunity to strengthen our doctor staff and increase the size of the health service we will provide in the upcoming period. We are aware that the responsibility we carry at this point has grown even more.

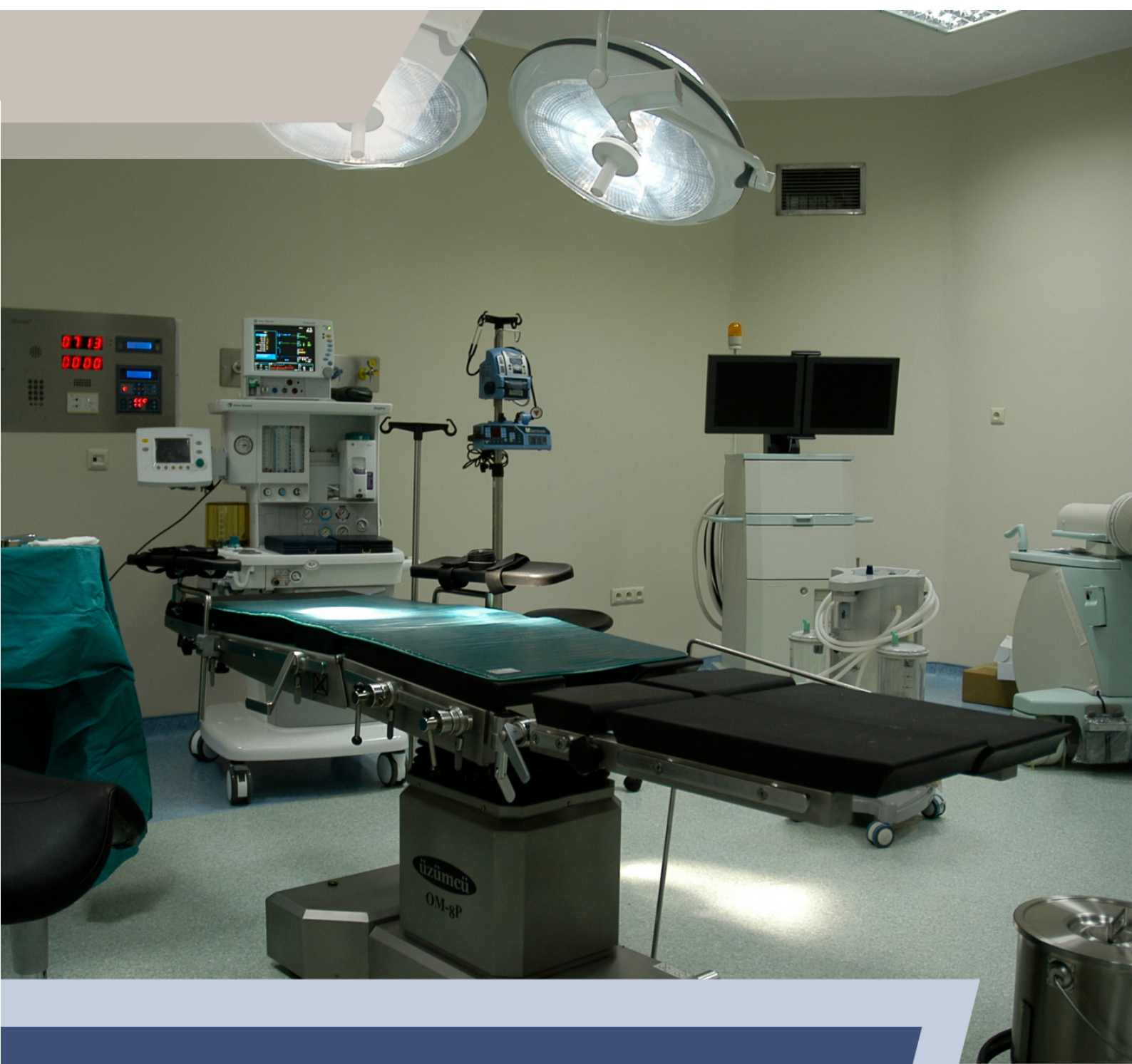
Private Ümit Hospital has a closed area of 11,000 m<sup>2</sup>. Services are provided in 26 branches in our hospital. Our hospital, which has a total of 121 beds, 28 of which are intensive care, has been operating at an occupancy capacity of nearly 100% since its opening. "We continue to provide services in the field of health with our oral and dental health, brain and neurological diseases, pediatric health and diseases, pediatric surgery, gynecology and obstetrics, general surgery, eye health and diseases, orthopedics and traumatology, ear, nose and throat diseases, urology, neurology, cardiology, cardiovascular surgery, chest diseases, gastroenterology, medical oncology, internal medicine, psychiatry, psychologist, healthy nutrition, plastic and reconstructive surgery polyclinics, 85 doctors and a total of 640 employees. We are proud to provide health services to our patients coming from abroad with the International Health Tourism Authorization Certificate we received in 2022.

Our Adult Heart Center has reached a superior level as the Cardiology Service and Coronary Intensive Care Unit, which started operating in 2020, and consists of a 4-bed Coronary Intensive Care Unit and Angiography Unit, and there are 2 separate Cardiology Services with a total of 19 beds. In the diagnosis and treatment stages of cardiology applications, one of the most technologically advanced models of the angiography device, which is considered indispensable today and the cornerstone of 'invasive cardiology', serves in our clinic. An average of 80-120 angiography and balloon angioplasty procedures are performed monthly. Permanent pacemaker implantation procedures can also be performed in our clinic.

In our hospital's ROP diagnosis–treatment center, ROP screenings and treatments are performed by a large group of doctors in cooperation with pediatric ophthalmology and retina units.

The Blood Transfusion Center provides the blood and blood product needs of patients in our hospital quickly and safely with superior technology facilities. Our center is a department with blood and blood product processing capacity.

Transfusion services in our hospital are carried out within the scope of national legislation on blood banking and transfusion medicine. In addition, our team working in our center is assigned by authorized trainers in accordance with the Blood Banking and Transfusion Medicine Certified Education Standards issued by the Ministry of Health. The execution of transfusion services in our hospital is provided by a multidisciplinary team and approach. Our center provides uninterrupted service 24 hours a day in terms of physical, functional and administrative aspects. Thanks to the multidetector technology, high–resolution thin sections are created very quickly with 128–slice computerized tomography, thus providing superior quality examination of the entire body, including the heart, compared to other tomography techniques. With the superiority of 128–slice computerized tomography, all body parts can be scanned in a single breath and diagnosis can be reached in the shortest time. With superior performance and effective diagnosis, cardiac angiography can be performed in seconds without damaging the heart and vessels, without pain or blood.



# SURGERY ROOMS



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# INTENSIVE CARE



# Varicose Vein Treatment with Foam

Foam varicose vein treatment (sclerotherapy) is a non-surgical varicose vein treatment method and involves applying a substance called sclerosant to varicose veins.

It is an application that does not require anesthesia. Sclerosing is a substance that causes tissue damage. Thus, the diseased veins are eliminated by injection.



In this way, blood can be directed to healthier vessels. Thanks to the disappearing veins, varicose veins, also known as spider veins, can be treated and aesthetic appearance can be improved.

The reason why this application is called foam varicose vein treatment is that the sclerosant is turned into foam before being sent into the vein. It is a procedure that can be used in enlarged veins because the foaming liquid can cover a larger surface.

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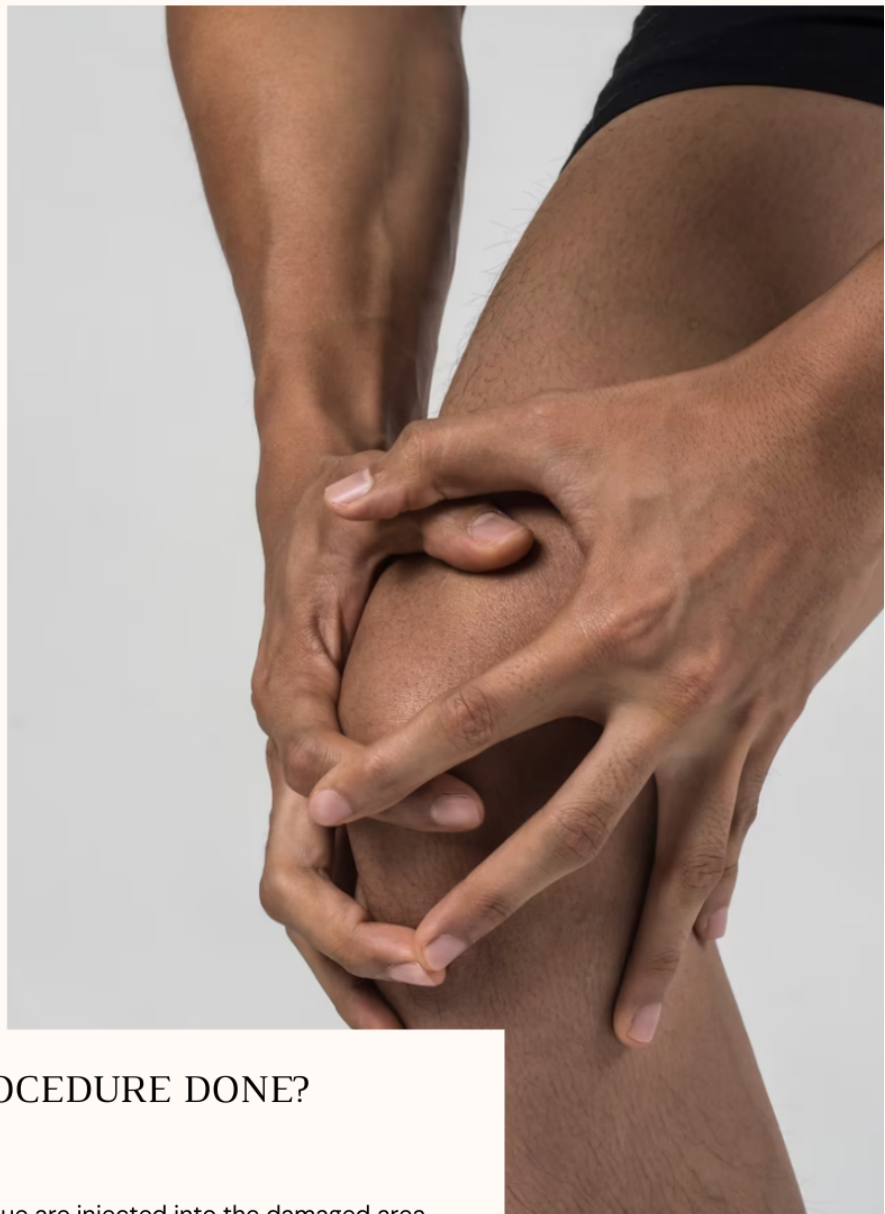
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# STEM CELL TREATMENT IN ORTHOPEDIC DISEASES

## *What is the treatment?*

Cartilage damage, which can occur in the joints for different reasons, causes arthrosis, which is defined as wear, pain and eventually arthritis, especially in the knee and hip joints over time. Moreover, since cartilage is a very special structure, it cannot renew itself or heal itself when the cartilage cell dies. Therefore, it is necessary to stop this damage to the joints and prevent its progression.

Stem cell therapy is a method used to reduce the progression of cartilage damage in patients who have early cartilage damage, have painful joints but are early for surgery or do not want to have surgery. In addition, stem cell treatment is also used in meniscus tears, which prevent the joint surfaces from rubbing against each other and act as support in the knee joint.



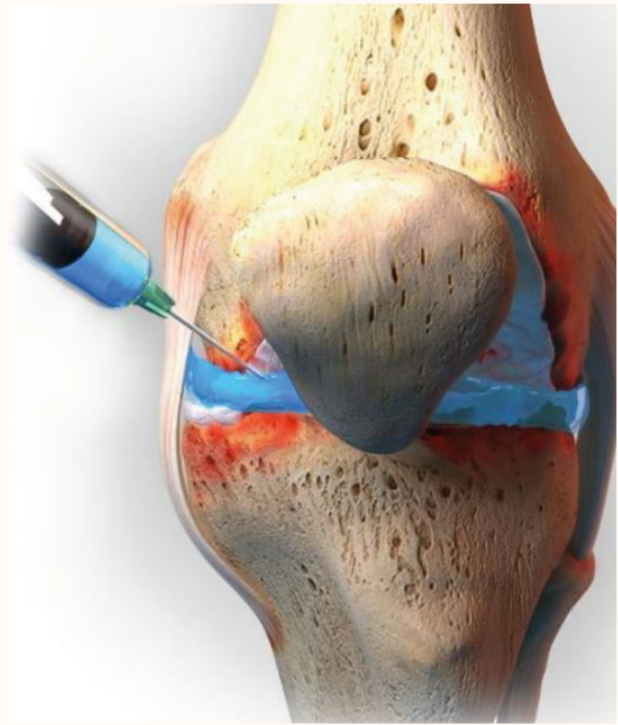
## HOW IS THE STEM CELL PROCEDURE DONE?

Stem cells taken from the bone marrow or fat tissue are injected into the damaged area of the knee where cell recovery is expected. In case of knee cartilage damage, the stem cells are provided with a targeted effect with collagen or hyaluronic acid-based carriers so that they act only in the damaged area without spreading into the knee. Since stem cells are the person's own cells, the aim of the treatment is for the tissue to heal and renew itself.



# What is stem cell?

Stem cells are main cells that have the potential to turn into all cells in the body. It is divided into two: embryonic stem cell and adult stem cell. Stem cells in adults have the ability to renew adult tissues and take part in the repair of the body.



## Who Cannot Have Stem Cell Treatment in Orthopedic Diseases?

- Obese and overweight patients with a body mass index over 30,
- People whose calcification has reached an advanced level and whose cartilage tissue is completely depleted,
- Those whose immune system is weakened for various reasons,
- For people with rheumatic diseases.

### Success of Stem Cell Treatment

#### What are the influencing factors?

The main factor that increases the success of the treatment is correct patient selection and obtaining stem cells with the appropriate technique. However, lifestyle changes such as patients losing weight and exercising regularly increase the long-term effect of stem cell treatment.

# GASTRIC BALLOON



## Defying obesity and constantly feeling out of shape?

Also known as Stomach Balloon. It is a device that is temporarily placed in the stomach to help you get rid of weight. It is done when diet and exercising had no effective results. It is noteworthy to mention that the gastric balloon does not require a recovery period or a surgical intervention

The capsule is swallowed with 1 glass of water. An x-ray confirms that the capsule is in the correct position. The insertion process of the capsule takes 15 minutes. Then it is back to routine life. After approximately 16 weeks, the capsule is eliminated from the body through normal means while using the toilet.

It does not require surgery, endoscopy, anesthesia or surgical intervention.

It makes healthy eating habits permanent. 95% of the weight lost is maintained.

It creates a feeling of fullness and reduces the desire to snack.



# Gastric Sleeve Surgery



Gastric sleeve surgery, also called sleeve gastrectomy, is a bariatric surgery procedure. It removes a large portion of your stomach, leaving behind a narrow “sleeve.” Reducing your stomach helps restrict calories and reduce hunger signals. This surgery is offered to help people with clinically severe obesity achieve effective weight loss.

Most of the time, a sleeve gastrectomy is done by laparoscopic or robotic surgery. That means that instead of making a large incision (or cut) to open your abdominal cavity to access your organs, your surgeon will perform the operation through small incisions. This makes for an easier recovery, but some people may be better served by open surgery, depending on their conditions.





## **BRAIN AND NERVE SURGERY (NEURO SURGERY) DEPARTMENT**

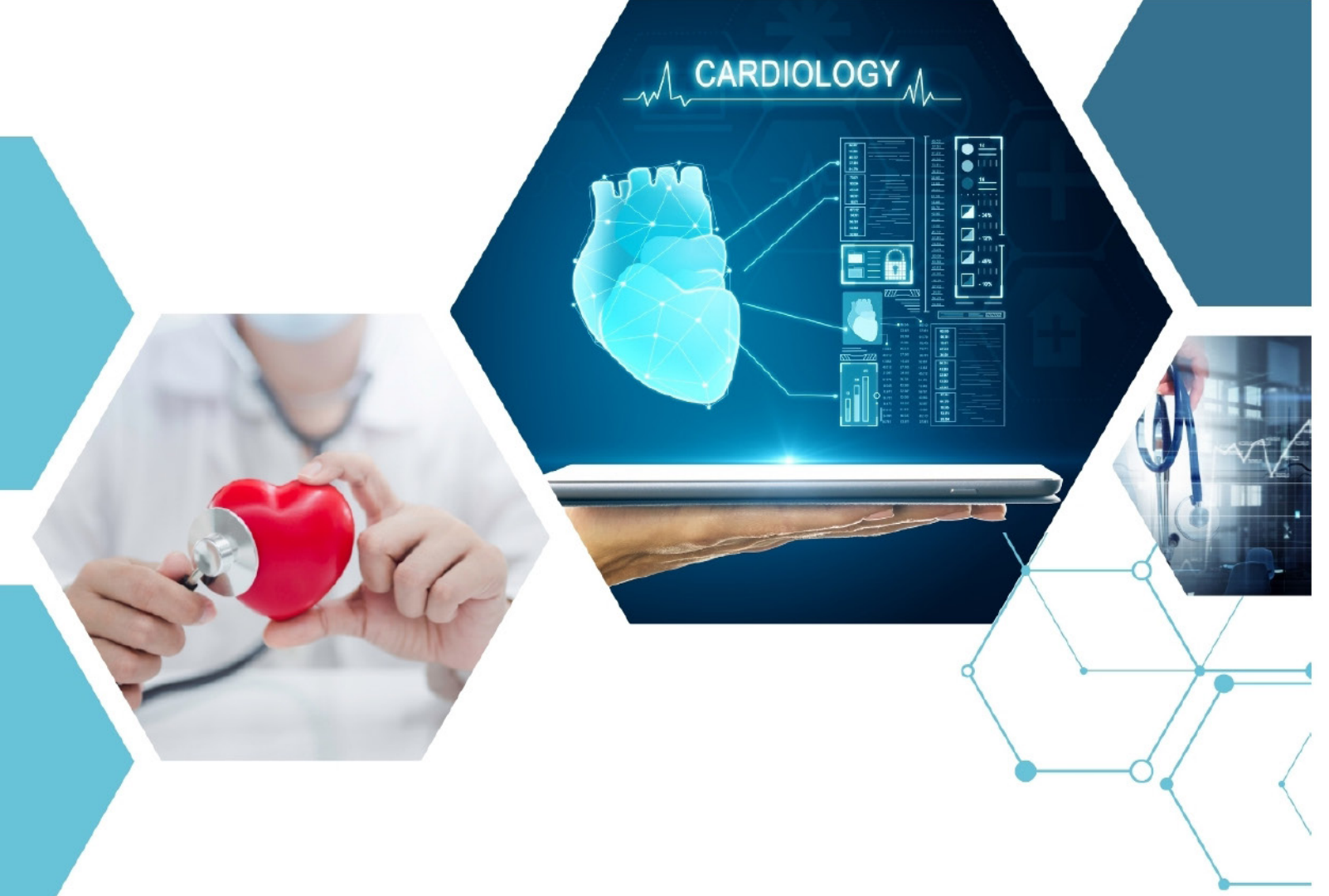
Without compromising medical and ethical principles and using the latest technologies, our specialists realize all of the interventions and surgeries in qualified international standards, in this department. Working with our medical doctors specialized in Neuroradiology, Neurology, Physical Therapy and Rehabilitation and Psychiatry; the patients treatments and follow-ups are performed in a multidisciplinary way.

Latest modern surgical instruments are used during the surgeries. Surgery microscope, mobile scope machine in order to take intraoperative monitoring are the new generation surgical instruments which are used during the brain and spine surgeries. If it is needed, the patients are followed-up in our well- developed intensive care units. At any time, the qualified nurses and assistant medical staffs are situated in this unit.

Radiology and laboratory units give urgent service at any time of the day.

This is so important for the service integrity. Surgeries that can be performed in our hospital are as follows.

- Cranial Surgeries (Glial tumor, meningioma , cerebrovascular disorders and hydrocephalic surgeries)
- Peripheral nerve surgeries
- Spinal column surgeries (cervical disc and lumbar disc herniation surgeries; spinal decompression and stabilization instrumentation surgeries: cervical, lumbar and thoracic spine degenerative diseases and fractures treatments)

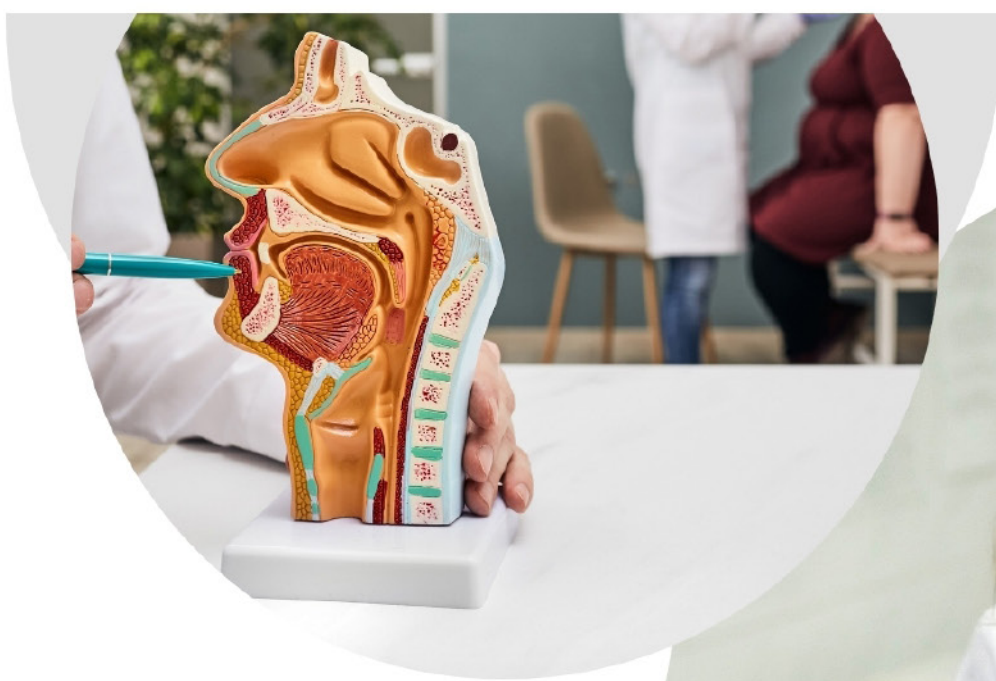


## **CARDIOLOGY AND CARDIOVASCULAR SURGERY DEPARTMENT**

Leading specialists of this department works to protect the cardiac health of the people to examine, test, diagnose and treat current heart diseases within suitable rules. Cardiac rehabilitation and Coronary Intensive Care Units equipped with latest technology support these works. In this department the following surgeries are performed.

- Coroner angiography
- Coroner angioplasty (balloon, stent, atherectomy)
- Coroner arterial bypass
- Heart valve replacement operations
- Peripheral angiography and peripheral angioplasty (vascular angiography of legs, arms and the neck)
- Peripheral artery and venous surgeries
- Pulmonary valvuloplasty





## **EAR, NOSE AND THROAT (ENT) DEPARTMENT**

Both medical and surgical treatments of diseases related with ear, nose, throat and concerning head-neck are performed by this department. Examination, testing and treatment of endoscopic and microscopic procedures and hearing and balance system diseases are performed by ENT department by using diagnosis and treatment methods based on improved technology. Treatment images are saved on digital environment if it is necessary and they are used for patients' follow-up, examination reports and archiving. In addition to the general ENT treatments; tonsillectomy, adenoidectomy, otoplasty (prominent ear surgery), septoplasty (functional nasal surgery) and rhinoplasty (aesthetic nasal surgery) surgeries are successfully performed.



# GENERAL SURGERY DEPARTMENT



This department provides service with experienced specialist doctors team and specifically equipped operating rooms and polyclinic applications with the support of latest technological diagnostic tools.

General surgery encompasses several different areas such as:

- Acute abdomen and appendicitis operations
- Breast diseases and operations - oncologic and benign diseases of the breast
- Laparoscopic and open operations of gallbladder
- Laparoscopic reflux surgery
- Liver, pancreas, gallbladder and biliary tract
- Obesity surgery (sleeve gastrectomy)
- Thyroid and parathyroid surgeries
- Treatment of postoperative hernias

# MEDICAL ONCOLOGY DEPARTMENT

In this department, treatments of the patients diagnosed with cancer are planned within the light of current information.

The patients are treated as inpatient or outpatient in our Chemotherapy Unit. All of the cancers like breast, lung, large intestine (colon and rectum) cancers, stomach and oesophagus, ovary, testicle cancers, brain tumors and other oncologic diseases are treated and followed-up.







# INTERVENTIONAL RADIOLOGY DEPARTMENT

Interventional radiology (IR), also known as vascular and interventional radiology (VIR) or surgical radiology is an independent medical specialty. This provides minimally invasive image-guided diagnosis and treatment of diseases in every organ system.

In this department, ultrasound-guided thyroid biopsy, lymph node biopsy, breast biopsy and ct-guided lung biopsy are performed. Percutaneous abscess and ascites drainage, pleural effusion drainage can be realized for therapeutic purpose. Apart from these all diagnostic angiography treatments can be realized.

Ultrasound-guided breast biopsy is performed at stereotactic localization and follow-up of breast lesions. This method has become a common practice in the diagnosis of breast abnormalities.

Percutaneous transhepatic cholangiography and external biliary drainage can be carried out at hepatitis related with the cancer.

All of the treatments are performed under the local anesthesia. Only at several treatments small incision can be done if necessary.





## OPHTHALMOLOGY DEPARTMENT

Dealing with the anatomy, physiology and diseases of the eye, ophthalmology is another strong department of Private Umit Hospital. The main goals of the eye treatment are to stop disease progression and preserve or improve vision. With an early detection, the damages that have already occurred can't be reversed in many cases. Diagnosis and treatment of child and adult patients as well as contact lens and glasses applications are done by using the cutting-edge technology at world standards.

Our surgeons are internationally recognized for their expertise on diagnosing and treating retinal diseases and retinal surgery. We offer quality and the latest technology both medical and surgical treatment plans for retinal diseases. Retinal surgeries like retinal detachment, retinal holes/retinal tears and retinal vascular diseases surgeries are carried out. Cataract surgeries with phacoemulsification technique, vitrectomy surgeries, FFA (fundus fluorescein eye angiography), glaucoma and strabismus surgeries by microsurgical operations are successfully performed in our hospital. Optic coherence tomography (OCT) and fundus autofluorescence (FUF) are the new technics used to diagnose and treatment of the eye diseases.



## ORAL AND DENTAL CARE DEPARTMENT

In order to provide a healthy smile in your face, Private Umit Hospital Oral and Dental Healthcare Unit is equipped with the latest hygiene and treatment technologies. In our department, not only the oral health but also all of the reasons are evaluated by using all of the technological opportunities.

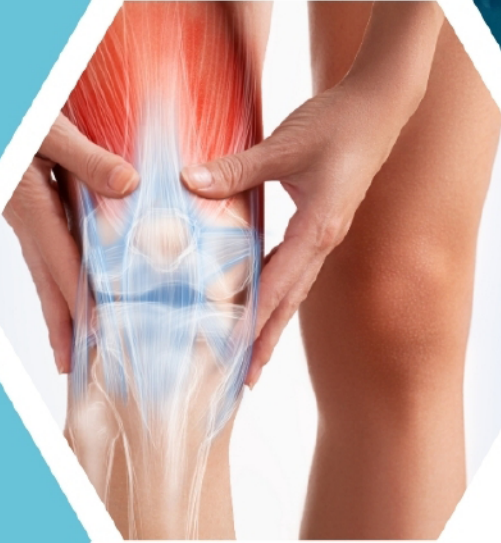
In this department not only the treatments like filling, root canal treatment, periodontal problems treatment but also ceramic crown and bridgework and implant- supported dental prosthesis can be performed.





## **PLASTIC AND RECONSTRUCTIVE SURGERY DEPARTMENT**

Our surgical team comprised qualified medical staffs in order to provide world-class and comprehensive reconstructive and aesthetic surgery service to patients. In this department, most frequently performed aesthetic and plastic surgeries are hair transplantation (with FUE method), liposuction, tummy tuck (abdominoplasty), blepharoplasty (aesthetic eyelid surgery), mammoplasty (breast augmentation and reduction, breast lift), rhinoplasty (nasal surgery), otoplasty (prominent ear surgery) and gynecomastia surgeries (enlarged breast in men).



# ORTHOPAEDICS AND TRAUMATOLOGY DEPARTMENT

Diagnosis and treatment services for muscle and skeletal system, joints, tendons, ligaments diseases and injuries like fractures and dislocations are the main focal point of this department. Common orthopaedic diseases as well as structural disorders appeared as a result of dislocations and fractures and their late consequences are successfully treated. Beyond common trauma cases; arthroscopic knee, shoulder and ankle surgeries, pediatric orthopedics surgeries, hip and knee joint prosthesis and much more treatments are performed in this department. Most of all procedures are complemented by post-surgery physical therapy and rehabilitation.

Arthroscopy is a surgical technic which is used to inspect, diagnose and repair problems inside a joint by orthopaedic surgeons. During this procedure surgeon makes a very small incision and insert a tiny camera called an arthroscope into your joints like knee, shoulder or ankle.

Arthroplasty is another orthopaedic surgical procedure where the disfunctioning joint is reformed, remodeled or realigned. This method provides to restore function to the joint after damage by arthritis or some type of trauma.

An illustration of several hair follicles of varying lengths and stages of growth. In the center, a golden sphere contains a DNA double helix structure, symbolizing the genetic component of hair. A blue rectangular box is overlaid on the right side of the image, containing the title text.

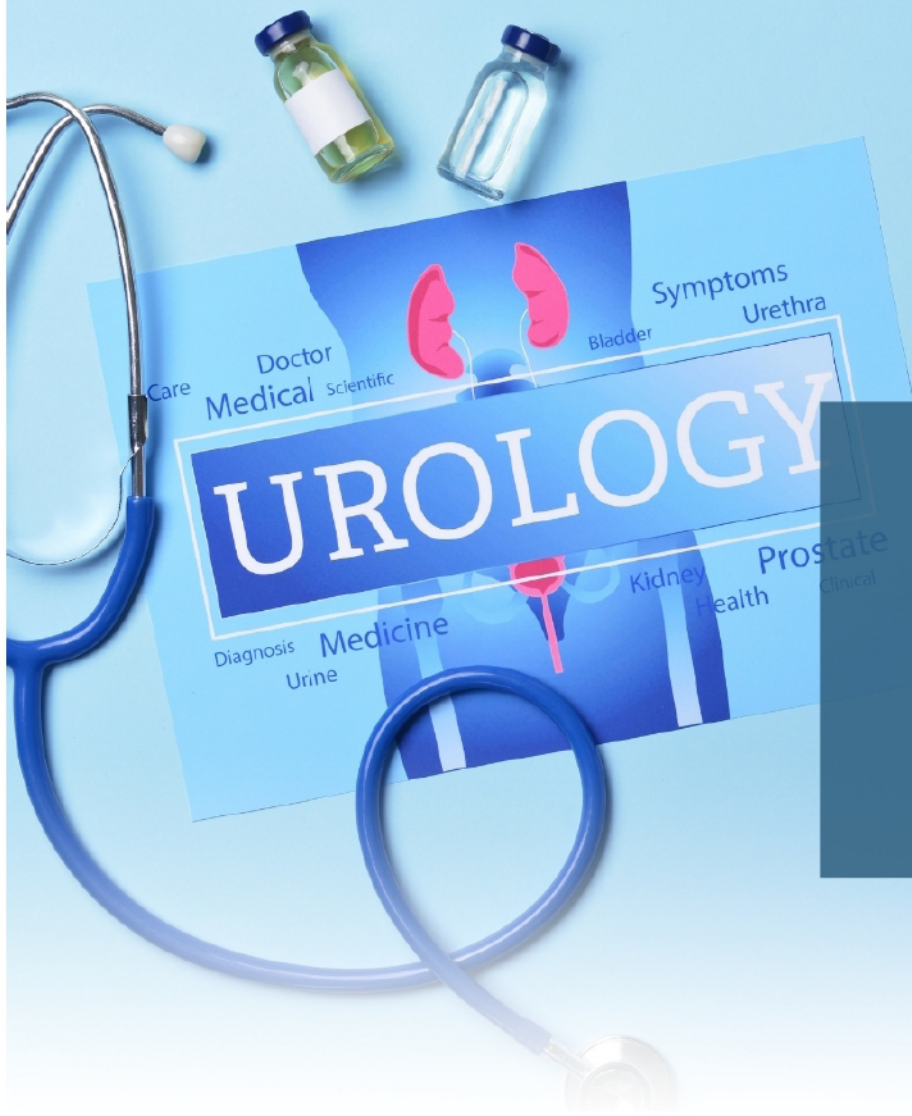
## HAIR TRANSPLANTATION WITH FUE (FOLLICULAR UNIT EXTRACTION) METHOD

Most people normally shed 50 to 100 hairs a day and this doesn't cause noticeable thinning of scalp hair because new hair is growing in at the same time. Hair loss occurs when this cycle is disrupted.

There's not an exact cause determined for the hair loss. It can be related to the heredity (family history), hormonal changes, psychological problems occurred to both women and men or medical conditions.

Currently there are two primary surgical techniques or methods used in performing hair transplantation- FUT (STRIP) and FUE. In FUT method, a section of the scalp having healthy hair follicles excised as strips and separated one by one to the roots. Then, these roots (hair follicles) are replaced to the bald or thinning areas. After the development of FUE method this method is almost abounded.

FUE method depends on the principle to remove small naturally occurring hair follicle units directly from the donor area one by one. The only difference between two methods is the hair follicle removing technic. Channels opening and transplantation stages are almost the same



## UROLOGY DEPARTMENT

Private Umit Hospital, Department of Urology gives services on all chronic and acute diseases of men, women and children urology. Our urologists have been performing minimal invasive surgery in the field of urology (laparoscopic surgery, laser surgery). They deal with the urological tumors and benign prostate hyperplasia in addition to the urinary system stones, bladder dysfunction, and urological malformations treatments. Kidney, testis, prostate cancers are diagnosed and treated. Implantation of materials for urinary incontinence and replacement of urological prosthesis (artificial urethral stricture and penil prosthesis) are the areas that our doctors have been specialized.

Private Umit Hospital which has been equipped with the latest technical equipment and cameras successfully performs numerous surgical treatments by using with minimal invasive methods.

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